



Gain an Empowered Mindset, and a Consistent Focus, to Achieve Your Vision of Success



Presentations and Seminars:

- ◆ "Stop Spinning Your Wheels" Presentation
- ◆ "Get Off Your Merry-Go-Round" Presentation
- ◆ "Stop Hypnotizing Yourself to Fail" Presentation
- ◆ "From Stressed To Refreshed" Presentation
- ◆ "First Aid For Anxiety" Presentation
- ◆ "Design Your Vision" Workshop
- ◆ "Breaking the Cycle of Stress" Seminar

For those in your organization who:

- ◆ Want focus
- ◆ Are stuck
- ◆ Feel overwhelmed
- ◆ Are stressed
- ◆ Need a self-esteem boost
- ◆ Want more self-confidence

Let me help them:

- ◆ Get unstuck, reduce stress, and neutralize overwhelm
- ◆ Master a success mindset that supports them
- ◆ Find clarity
- ◆ Get focused on their vision and priorities
- ◆ Have a greater sense of well-being
- ◆ Solve problems more easily
- ◆ Increase their self-confidence
- ◆ Improve their self-esteem
- ◆ Be more relaxed
- ◆ Be calmer

Linda-Ann Stewart

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Enthusiastic ♦ Motivating ♦ Informative

Testimonials:

"As a result of Linda-Ann's presentation, my life is going in a completely different direction than before. I've been on fire since then, and have made some changes in my personal life. I thank her from the bottom of my heart."

- Cheryl Huber, participant

"Very motivating and re-charging presentation today by the fabulous Linda-Ann Stewart! She shared how your mindset is the most important skill you possess. If you are looking for a speaker to address your group with some powerful mindset tools, Linda-Ann is your gal!"

- Leeanne Gardner, meeting organizer

"Linda-Ann's presentation was well received and indeed was excellent. Many in the audience spontaneously thanked me for having her speak to us and commented how much help her presentation was to them. Many wished that they had had the information earlier in their careers as the techniques will and would have been of great use to them."

- R. Roderic Abbott, M.D., meeting organizer

Clients:

- ♦ Arizona Society for Professional Hypnosis
- ♦ Professional Women's Group of Northern Arizona
- ♦ Sedona Hummingbird Festival
- ♦ Homeless Engagement Lift Partnership
- ♦ Unbridle It! Business Basics You Can Implement Today
- ♦ National Association for Women MBA's—Phoenix Chapter
- ♦ Impact for Enterprising Women
- ♦ NACE

Align Your Heart with Your Vision

As a vision strategist, hypnotherapist, writer and speaker, Linda-Ann Stewart helps entrepreneurs and small business owners align their heart with their vision so they take charge and accelerate their business to the next level.

Based on her 30 years of experience of a hypnotherapist, she helps clients breakthrough to an empowered mindset and a consistent focus to achieve their vision of success.

She's the author over over 250 articles published on and off-line. As a professional speaker, she's spoken at many venues in the Southwest, including: associations, organizations, schools, and industry conferences.

She specializes in creating a vision, focusing on what you want, positively changing your mindset, autosuggestion, affirmations and self-talk.

Call me to check my availability for your next meeting or program.