



## ***About Linda-Ann Stewart***

As a vision strategist, Linda-Ann Stewart works with entrepreneurs and small business owners to take charge and accelerate their business to the next level on their terms. Based on her 30 years of experience of a hypnotherapist, she helps them gain an empowered mindset and a consistent focus to achieve their vision of success. She's the author over over 250 articles published on and off-line, and is also a professional speaker.

## ***Suggested Interview Questions:***

- What do you mean by aligning their heart with their vision?
- What's your background?
- Why is having a vision so important?
- How did you discover that having a vision was so important?
- Isn't having the right mindset just positive thinking?
- Why is mindset so important? Can't you succeed without having a positive one?
- Isn't taking action the remedy for success?
- What do you mean by focus?
- How do you set yourself up for success?

## ***Suggested Interview Topics:***

- Set Yourself Up for Success
- 3 Elements to Accelerate Your Business Success
- How to Take Charge of Your Business
- How to Stop Spinning Your Wheels in Your Business
- Essential Secrets to Business Success
- Being Intentional in Your Business

# ***Linda-Ann Stewart***

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# *Vision. Mindset. Focus.*



## ***About Linda-Ann Stewart***

As a vision strategist, hypnotherapist, writer and speaker, Linda-Ann helps entrepreneurs and small business owners to align their heart with their vision so they take charge and accelerate their business to the next level. By helping clients chart a course for their business that keeps them focused, they experience success on their terms.

She opened her private hypnotherapy practice in 1990, a few years after moving to Sedona, Arizona. Over the years, she's helped hundreds of people to reduce stress, raise their self-esteem, break negative habits, achieve their goals and improve their lives.

She's the creator of the "Chart Your Course" retreat. More than 250 of her articles on mindset, motivation and empowerment have been published in magazines, newsletters and online. She specializes in creating a vision, focusing on what you want, positively changing your mindset, autosuggestion, affirmations and self-talk.

She's spoken at many venues in the Southwest, including: associations, organizations, schools, and industry conferences. Having given presentations and workshops at annual hypnotherapy symposiums, she won the "Member of the Year" award in 1999 from the National Board of Hypnotherapy and Anaesthesiology (NBHA).

As a professional member of the National Speaker's Association (NSA), she served on the Board of the Arizona Chapter of NSA for two years. In 2013, NSA-Arizona honored her with their "Member of the Year" award.

On a personal level, she and her husband love to hike in and photograph Northern Arizona. They also attend their state's Renaissance Festival in costume every year.

### **Linda-Ann Will Promote Your Podcast**

- In her two bi-monthly newsletters
- On her Social Media accounts
- By writing about it on her blog

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